

COGNITA

Sun Protection Policy

Salcombe Preparatory School



This policy applies to Salcombe Preschool (EYFS), Pre-Preparatory School and Preparatory School

September 2019

Amended March 2020 to support Sunsafe Accreditation.

KEY FACTS:

To promote among children, staff and parents a positive attitude towards skin protection with lifestyle practices that can help reduce the incidence of ill health through uncontrolled exposure to UV rays.

1 Objectives

- 1.1 Through guidance, School facilities, supervision and information to raise awareness regarding sun protection measures to prevent unnecessary exposure to UV rays. Enjoying the sun safely, while taking care not to burn, can provide all the benefits of vitamin D without raising the risk of risk of skin cancer.

2 Health Facts

- 2.1 Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. Limiting exposure can prevent and minimise the risk, which is particularly important for younger, delicate skin that can be easily damaged.

3 School Procedures

- 3.1 The school's aim is for staff and children to enjoy the sun safely by implementing suitable control measures, particularly at peak periods of the year. This will be achieved by:-
- we communicate sun safety information through a range of channels e.g. our website, newsletters, text messages, social media, school assemblies and staff meetings
 - we are committed to monitoring UV levels daily during warmer months to ensure appropriate sun safety measures are implemented when necessary
 - the ongoing provision of information through curricular activities; PHSE lessons, Enrichment Lessons and Assemblies
 - we are committed to educating all pupils annually on sun safety using comprehensive, curriculum linked lesson plans, activities and resources provided by the Sun Safe Schools national accreditation scheme
 - the school will regularly monitor and review the effectiveness of this policy and will update the policy on an annual basis in-line with renewing our Sun Safe Schools accreditation
 - continual review of existing facilities to ensure suitable shading is provided in key areas; we have purchased three sun canopies for the children to have plenty of access to shade through the day
 - guidance frequently issued to parents/carers regarding suitable clothing to be provided and procedures for the application of sun screen;
 - we actively remind parents to ensure their child brings a quality sunscreen to school which is named / leaves their sunscreen at school for application as required
 - we actively encourage pupils to apply sunscreen when UV levels reach 3 or above before extended periods outdoors such as lunch breaks, PE, or outdoor activities
 - ensuring outdoor activities are conducted in shaded zones where possible
 - we actively remind parents to ensure their child brings an appropriate sun hat to school / leaves their sun hat at school for use as required

Sun Protection Policy

- asking children to wear hats that protect the face, neck and ears when they are outside. We are phasing out the old baseball caps from our Uniform List and have introduced new broad brimmed hats which are available from the uniform shop
- keeping our youngest children inside or dedicated shade areas during the danger time between 11am – 3pm when the sunlight is strong
- we use sun safe strategies to encourage pupils to cover up like 'No hat, play in the shade'
- We ask staff to role model good sun safety behaviors such as applying sunscreen and wearing a sun hat when UV levels reach 3 or above
- ensuring consistent procedures during off-site School activities and events

4 The Sunsmart Code

Stay in the shade between 11am and 3pm

Make sure you never burn

Always cover up with suitable clothing, hat and sunglasses

Remember to take extra care with children

Then use at least factor 15+ sunscreen

Ownership and consultation	
Document sponsor (role)	Operations Director – Europe
Document author (name)	Melissa Jones
Consultation	

Compliance	
Compliance with	Control of Substances Hazardous to Health Regulations 2002 National Institute for Clinical Excellence guidelines for skin cancer protection 2011

Audience	
Audience	Heads, H&S Co-ordinators

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Spain	No

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